

Celebrate Your Successes

Name: _____ Year: _____

List all your accomplishments, wins, victories, successes in the past year.

List all moments of joy and gratitude.

What did you do last year that you were really proud of?

What do other people in your life have to say about what you did, accomplished, and contributed? Client testimonials or reviews? Did you receive a personal note or card?

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Who came into your life and/or business this past year that really made a positive impact on you?

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What did you love most about your business this year?

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What did you love most about your personal life this year?

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What did you do this year that moved you toward your goals?

Personally

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Professionally

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Turning any negatives into positives and challenges into opportunities

What did you NOT love about this year?

What didn't work so well this year?

What time or energy sucks did you run into that were not supportive or positive?

Turning any negatives into positives and challenges into opportunities

What opportunities did you miss?



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What lessons did you gain from any setbacks, challenges or obstacles?



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How are you going to integrate any learnings into your future goals and the coming year?



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